

TOURIST & TOWN

FREE
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KENNEBUNK RAMS YOUTH FOOTBALL 2021 SCHEDULE

WEEK	DATE/TIME	SCORE
WEEK 1		
Gorham @ Kennebunk	Sun 9/5, 10:30 AM	8-14
WEEK 2		
Kennebunk @ Somersworth	Sun 9/12, 1 PM	30-14
WEEK 3		
Biddeford @ Kennebunk	Sun 9/19, 1 PM	
WEEK 4		
Sanford @ Kennebunk	Sun 9/26, 2:30 PM	
WEEK 5		
Kennebunk @ Westbrook	Sat 10/2, 10:30 AM	
WEEK 6		
York @ Kennebunk	Sat 10/9, 7 PM	
WEEK 7		
Kennebunk @ Noble	Sat 10/16, 6 PM	
WEEKS 8 & 9	PLAYOFFS	

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Publisher's Note

Tourism is certainly a big part of our lifeblood – and tourist season is a uniquely vibrant time of year. The fall, however, has a special vibe about it as well – when things feel just a wee bit more local. And what could feel more local than standing on the sidelines at a youth sporting event? I confess I get a bit misty-eyed this time of year, as I watch my daughter twirl her baton and my son play youth football.

As I stood on the sidelines of the opening game of the Kennebunk Rams' youth football season, I thought about all the good that exists in youth sports. I thought about the camaraderie, collaboration and commitment. I thought about the tireless dedication of the volunteer coaches who somehow find time in their busy schedules to be there in every way for these kids. I thought about the kids who are there for the sheer love of the sport – and those who are in it for the laughs and the fun.

As publisher of a 63-year-old newspaper serving coastal York County, I believe it's important to always be looking for ways to serve our communities. This fall, *Tourist & Town* will be supporting young athletes in the coastal towns we cover, from Kittery to Old Orchard Beach, by publishing season schedules – and we are looking for sponsors. Essentially, local businesses offer to sponsor the youth team of their choice (details on sponsorship levels and benefits will be provided), we donate the advertising space for this fundraising effort, the funds go directly to the appropriate sports program, and the team's schedule is published throughout the season. The sports programs benefit, our readers benefit, and most importantly, our kids benefit.

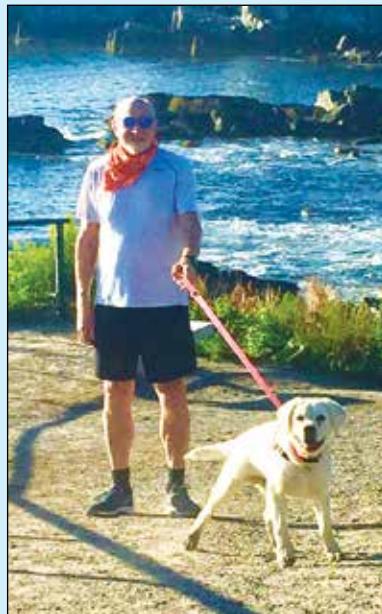
At left you will see our first printed schedule (yes, I just had to start with my son's team, please understand), below which is our first call-out to sponsors. We hope to hear from you!

Amidst all the wonderful things going on, much of which you'll read about on the coming pages, I do hope you'll make it to a youth sporting event this fall. There's nothing quite like it – and yes, I am biased.

Kingsley Gallup, publisher

Cover Artist: Jim Williams Mainely Labs Studio

Mainely Labs Studio is now located in the Knightsville neighborhood of South Portland, Maine. The working studio and gallery opened in Portland in 2005 when Jim Williams embarked on a new career as an artist after a twenty two-year business career in various corporate environments. Jim refers to his work as "Lab Art," for the focus is on bold-colored acrylic paintings of Labrador Retrievers. Jim lives in Cape Elizabeth, Maine with his wife Carol and their Lab "Tugboat."



www.mainelylabs.com
jim@mainelylabs.com

Getting to know this issue's contributors just a little bit more...



Everywhere I look, people are buying chunky pumpkins, scarlet mums and tangy apple cider which means it's almost Fall — my favorite season and one I'll be writing about in my blog (www.wanderingwithval.com)



Since I was a wee lass, have loved the color purple -- it makes me happy. Purple is the color of royalty -- I think it's fitting that I am a direct descendant of the last high king of Ireland, Rory O'Connor -- yep, just an IAP -- Irish American Princess.



Dana Pearson, who recently went apple-picking for the first time in probably 25 years, needs the headband in order to make an apple cobbler with confidence. His written works are at amazon.com/author/danapearson

Tourist & Town

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Take a walk through history this fall

Ogunquit and Kennebunk invite you to come along

Ogunquit Heritage Museum's **Historic Walking Tours of Perkins Cove** run on Mondays and Wednesdays, from 10 to 11 AM, and will continue through October. These tours, accompanied by a brochure full of vintage photographs, offer countless insights into the history of Perkins Cove.

Your walking tour of the cove will take you back to the turn of the last century and before. Learn about some of Ogunquit's illustrious teahouses, The Dan Sing Fan and the Whistling Oyster, and their storied histories. Learn what these structures were before they became restaurants. For example, Barnacle Billy's was Ansel Hutchins' fish shack until 1908 when Hamilton Easter Field bought it to build a forum for his Thursday night talks.

The Cove was the center for two schools of art

– Hamilton Easter Field's Summer School of Graphic Art, opened in 1911, and Charles Woodbury's Woodbury School of Drawing and Painting, opened in 1898. These schools and the artists associated with them changed the trajectory of Ogunquit.

On your tour, the fishermen of the cove will come to life through fun anecdotes. You will also learn about the area's bridges and various dredgings of the cove. Did you know that as a result of the second dredging there was a gold rush?

For more information, call 646-0296 or email info@ogunquitheritagemuseum.com. Reservations are required.

In Kennebunk, the Brick Store Museum's **Historic Walking Tours and Beach History Walking Tours**, have become favorites of visitors and locals alike.

Historic District Walking Tours are held on Thursdays and depart at 12 PM from the Brick Store Museum at 117 Main Street, Kennebunk. Learn the history of the elaborate and historical homes that line Kennebunk's Summer Street neighborhood. Led by Museum tour guide, the tour is \$10 per person and is free for members.

Kennebunk Beach History Walking Tours depart on Saturdays at 11 AM from Trinity Chapel on Railroad Avenue, Kennebunk Beach. Learn the history of the development of Kennebunk Beach as a tourist destination. The tour is about a one-mile loop, 60-90 minutes, and is led by a trained tour guide. The fee is \$10 per person and \$5 for members.

For more information and to confirm dates, call 985-4802 or visit www.brickstoremuseum.org. Reservations are required.

World Clean Up Day 2021: Saturday, September 18

In the spring, Kennebunk Land Trust partnered with neighboring land trusts to host a Community Cleanup – and they're at it again! Your three land trusts and the Planeteers of Southern Maine are excited about this opportunity to give back to the environment and community. People are encouraged to clean up along the trails, in their neighborhoods, and beyond.

As part of World Cleanup Day, The Planeteers will be conducting a "Break Free from Plastic Brand Audit" to help learn more about trash and waste.

How this works: Trash bags are available for pick-up at the offices of

both Kennebunkport Conservation Trust and Kennebunk Land Trust. The Kennebunk Public Service Department will have a dumpster available for drop off at the Kennebunk transfer station on Sea Road on Saturday, September 18, between 9 AM and 2 PM. The Planeteers we'll be at the dumpster managing the 1st-ever-in-the-area clothing and textile drive.

If participants go out earlier in the week and don't want to hold on to trash, they can reach out to the Planeteers for instructions on where it can be dropped off before the 18th.

With questions and for more details, email info@someplaneteers.org.



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It's Like This...

I am the Lord of the Flies... but in a good way

by Dana Pearson

I clearly remember my childhood friend Gary purposefully and with murderous intent stepping on an earthworm that had made it halfway across the concrete block sidewalk running along Ellington Street in Longmeadow, Massachusetts after a rain shower. This was sometime in the mid-1970s; we were maybe in fifth grade. He made quite the mess of the worm, and I was sick about it. Seri-

ously. I nearly gagged looking at the pulpy remains. When I asked him why he killed it, he shrugged his shoulders as though the matter was above his pay grade.

For the most part, I've been averse to killing creatures, and I say "for the most part" because I believe there are some creatures that must die – not many, but some – and that select group, for me, would include mosquitoes, gnats,

fire ants, and yellowjackets, but only if they're bothering and/or attacking me; I will not go out of my way to kill these things.

So there's the backstory. The actual story is this: I recently saw a housefly in – and this shouldn't be a surprise – my house. A big red-eyed bugger, too. One evening he was buzzing the ceiling lamp in our bedroom, and the next evening he was bouncing off the shade of the lamp by my living room chair. Then he showed up in the upstairs bathroom. A cameo appearance in the kitchen, too. He really got around. Or so we thought.

It was on the third day since our initial sighting of the fly that I decided it was time for him to go. Diane – you know, my wife – suggested the fly swatter; I demurred, and not just because I love the word "demur." Instead, I selected a generic 6-cup Tupperware-type container that someone had given us a few years ago loaded with Christmas cookies.

Emblazoned with a yule-tide design of evergreen



#7 of a series of houseflies successfully captured and relocated at the writer's home. Photo by Dana Pearson

boughs, pinecones, and red berries, it is far more humane than a swatter, even though, having been made in China, its production, sale, and use only serve to reinforce inhumane working conditions overseas and undermine America's work force, even though

the American company that designed it and arranged to have it manufactured by cheap foreign labor is truly to blame, although if we delve even deeper into the matter, aren't we Americans to blame for being unwilling to shell out an extra dollar to buy an American-made plastic container, and instead, keep purchasing cheap goods made in China? But perhaps I digress.

From what, exactly? Oh yes, the fly.

What I've done in the past and what I planned to do with our new unwanted houseguest was to study his movements, stalk him, and then patiently wait for him to move into an ideal position – say, the center of a windowpane – so that I can trap him in the container. A jiggle of the faux Tupperware persuades the fly to land on the inside or bottom of the container, at which point I lift its edge slightly so that I can quickly slide the cover underneath. Snap!

And that's exactly what I did. No mess, no fuss, no pulpy remains. I humanely solved the problem.

That was in the early morning. By early afternoon, I had come to the conclusion that it hadn't been a fly cruising the house, going from room to room, but rather four flies patrolling their own sectors of the house.

Indeed, I had spent the better part of the morning on fly safari. Like Walter White in that classic episode of *Breaking Bad*, my work suffered because I was obsessed with getting rid of that fly (or, in my case, those flies), the crucial difference being I write and Walter White cooked meth.

As the afternoon wore on, I found it necessary to start tabulating. It wasn't just four flies. It was seven.

Then 10. Then 15. It wasn't that they were difficult to catch (they're not fast and elusive like horseflies), it was that there were so many to catch. I wondered how the hell they got into the house in the first place. We had new windows installed a couple years ago, so it couldn't be them. And I know *The Amityville Horror* was a bunch of BS, but I briefly wondered if the sump pump well in the basement housed a demon.

When Wikipedia informed me that *musca domestica* often breed in decaying organic matter, I looked on the bright side and figured we'd save on postage for dinner invitations. The next morning began with the capture and transportation of #16. As with his kin, I walked out the kitchen door, waited for it to close behind me, then opened the lid, shook the container, and watched him buzz away. And I wondered: Is he just going to find the point of ingress and bother me again?

Here are excerpts from my de facto Fly Diary (a fly-ary?) that day:

11:32AM: "#17 was in the kitchen."

11:43AM: "GET... OOUUUT!!!!"

12:53PM: "#18 was in the study."

1:33PM: "#19 was on the street-facing screen in the bedroom."

That was the tipping point. That was when my inner Gandhi took a recess. Because one minute later, I wrote: "Starting with #20, I'll be using the swatter."

Three flies met their doom that afternoon and evening. That was a week ago. No flies since. Now I'm wondering if Gary had earthworms in his house.

Dana Pearson can be reached at dana@touristandtown.com.

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Bicentennial quilt honors the history of Kennebunk

After two years of creative stitching, this magnificent tapestry goes on display

by Valerie Marier

Using lace, cottons, wool, beads, ribbons, silks and velvets, 33 community volunteers have just completed the Kennebunk Bicentennial Quilt, a magnificent "potholder style"

tapestry that will be unveiled and displayed at Kennebunk's Brick Store Museum starting Saturday, September 25.

Kennebunk resident Lori Parkinson, who organized and led the project, said, "This amazing pictorial quilt was produced over two years by a group that included two men. We had different levels of quilting experience, ranging from complete beginners to a highly trained needleworker. Many of us didn't even know each other. And, because of Covid restrictions, everyone worked alone on a project that was meant to be done as a group. They all put their hearts into creat-

ing this 56-block potholder quilt and it was a wonderful adventure!"

Each quilt block represents a vestige of Kennebunk's past as part of Maine's bicentennial celebration. There are squares featuring sailing ships, blueberries, beach roses and shells. Others depict the 1901 Maine state flag, Mother's Beach, the Wedding Cake House and the iconic corn weathervane atop First Parish Unitarian Universalist Church.

Several squares honor noted residents of Kennebunk, including Edith Barry, who founded the Brick Store Museum, and Edmund Muskie, United States senator and governor of Maine before becoming President Jimmy Carter's Secretary of State.

History buff Steve Hrehovcik ("I never quilted before!") learned to use the echo stitch in his block honoring the Lafayette Elm. Joan Emerson ("I

don't live in Kennebunk but have visited there my whole life and have numerous friends there") created three blocks, including one depicting the town trolley. She said, "The trolley was one of the earlier ways to move people around and we still use a version of that old trolley today."

Life-long Kennebunk resident Brenda Freeman Kuich opted to fashion her block illustrating Cousens School. She said, "I still have a photo of my second grade class at Cousens

and even meet several of my classmates for lunch occasionally. I wanted to represent my side of town in the quilt — that great area west of the Mousam River." Kathy Bois applied "thread painting" (a free motion sewing technique used to create lines, areas of color and texture) to illustrate Webhannet Golf Club in one of her squares. "I love golf and Webhannet has been a lively part of Kennebunk history for more than a century," she said.

Novice stitcher Merton Brown (whose day job is Kennebunk Town Clerk) dug deep into his treasured collection of old fabrics and selected a red and white lobster bib manufactured in 1955, then overlaid colorful thread to outline the iconic Maine crustacean. Brown's square is one of four corner blocks on the quilt that feature lobsters to indicate their importance to the life and economy of our ocean community.

When she assumed responsibility for overseeing the creation and produc-

tion of the Bicentennial Quilt, Lori Parkinson first worked with Maryfrances Smith, an accomplished needleworker, to design and suggest a list of themes for the quilt blocks. "We wanted to represent Kennebunk's history. Some quilters used our suggestions while others came up with their own ideas of what they wanted to quilt. I love to think it's a 'crazy quilt' that reflects who we are as a committee and Kennebunk as a community."

Two special parts of the quilt reflect Parkinson's thinking. At the very top in the six logo squares which were stitched by Parkinson, she added a honey bee. "I did that to honor the late Steve Spofford, our town historian who was a key original member of the Bicentennial Committee," she said. "He was the busiest person I knew and wanted him to be included."

The other square represents the Covid-19 cell structure with the embroidered message: "It changed our lives." Parkinson said, "Shortly after the pandemic began, we realized our quilt needed one more block to be complete, so we added this depiction of Covid to represent the challenges we faced ourselves and as a community during that time."

Parkinson credits Kathy Ostrander Roberts, Amy Sluyter, Beth Sandmire, Delta Fuller, Shirley Bradbury and Steve Hrehovcik for stitching "the long and short strips needed

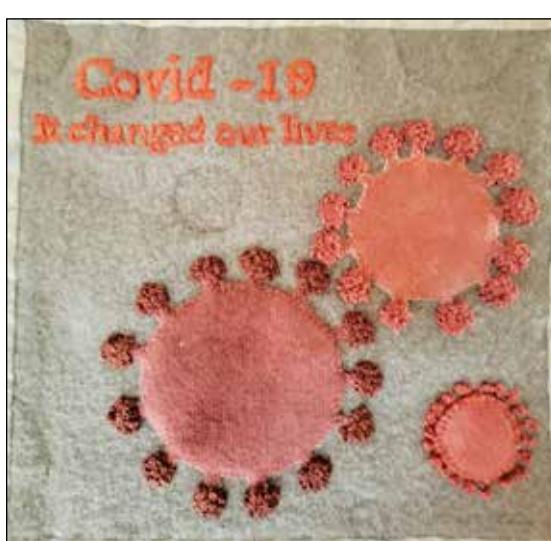
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The logo of the Kennebunk Bicentennial Quilt includes a honey bee. Lori Parkinson, who stitched the six-block logo, added the bee to honor the late Steve Spofford, former Kennebunk Town Historian and a key member of the original Bicentennial Committee. "He was always busier than a bee," she said. Photo by Joshua Hrehovcik



Each block of the Bicentennial Quilt features an aspect of Kennebunk history. Kathy Bois stitched the Wedding Cake House because "It's a treasure and was one of the first buildings I saw when I moved to Kennebunk. I've loved it ever since." Photo by Joshua Hrehovcik



"The effect of Covid-19 was devastating throughout the country and here in Kennebunk and 'it changed our lives,' so I wanted to feature it," Lori Parkinson said. Photo by Joshua Hrehovcik



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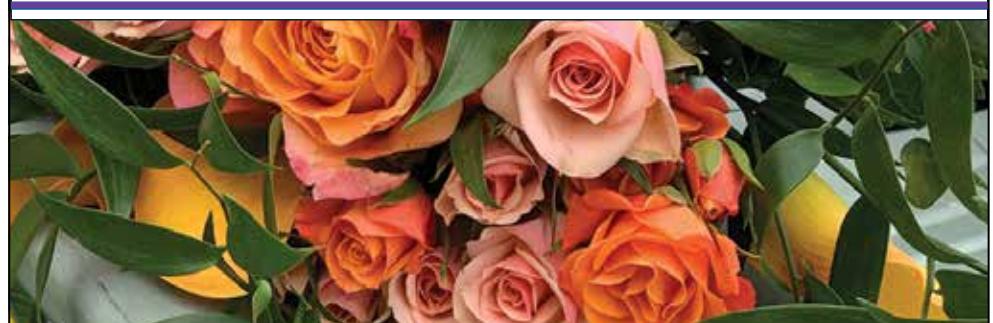
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to actually construct the quilt." Additionally, she gives special kudos to Joan Emerson "who offered to bind and back every single block so they would all be worked by the same hand," and to Judith Nadeau who "gathered all the strips together and finished the quilt using the same tension throughout."

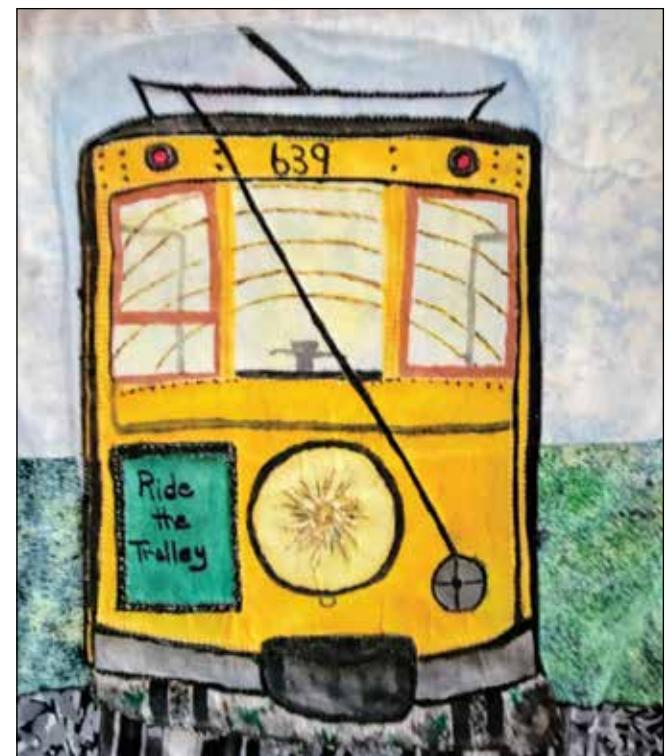
Because of Covid-19, all live activities planned for Kennebunk's 2020 Bicentennial Celebration were cancelled. Parkinson said, "But here we are today, with a 56-block quilt covering a wide range of themes and beautiful personal interpretations. Thanks to our 33 volunteers, our vision of Kennebunk past and present has become a lasting reality which everyone can see and enjoy at the Brick Store Museum."

The "unveiling" of the Bicentennial Quilt will take

place Saturday, September 25, at the Brick Store Museum, 117 Main Street, Kennebunk, from 10 AM to 4 PM. Free admission. FMI contact Brick Store Museum at 985-4802.

Thanks to the Bicentennial quilters:

Kathy Bois, Shirley Bradbury, Merton Brown, Joan Snyder Cole, Pam Eagleson, Joan Emerson, Delta Fuller, Kathy Graham, LeAnn Hodgson, Steve Hrehovcik, Susan Karytko, Kathy Kelleher, Stephanie Kelley, Kathleen Kelly, Brenda Freeman Kuich, Leslie Lindgren, Patty Middleman, Judith Nadeau, Pat Nicholas, Lori Parkinson, Joan Platt, Karen Platten, Kathy Ostrander Roberts, Jan Sampson, Beth Sandmire, Cynthia Sayers, Ann Shultz, Amy Sluyter, Laura Snyder Smith, Maryfrances Smith, Joyce Stone and Cynthia Walker.



Joan Emerson decided to stitch an old trolley because "The trolley was one of the earlier ways to move people around and we still use a version of that old trolley today." Photo by Joshua Hrehovcik

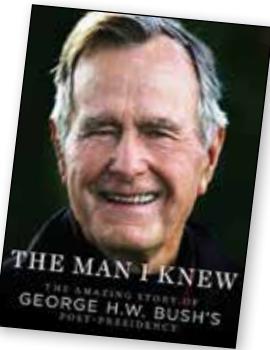


The four corners of the 56-block Bicentennial Quilt feature lobsters to indicate their importance to the life and economy of our ocean community. Photo by Joshua Hrehovcik

The Man I Knew: The Amazing Story of George H.W. Bush's Post-Presidency

by Jean Becker

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In Maine, Real Men Wear Pink

Maine Art Hill's "Inspire" show raises awareness



In October, 2018, while in the middle of his first Real Men Wear Pink campaign, John Spain and Trisha Winslow came across a unique graffiti park in Austin, Texas, where locals were invited to express themselves through art. He found an artist and commissioned a piece. The cost was \$25, which Spain promised to match in donations. Everyone there had a story to share about breast cancer and how it had affected their lives.

When October comes to Maine, confetti-like leaves and frosted pumpkins find their way into everyone's hearts and minds. The colors red, orange, and yellow often take center stage, but not for John Spain and Maine Art Hill. For Spain and many of his staff and artists, it's all about PINK.

"October, for us, is about breast cancer awareness and the Real Men Wear Pink Campaign sponsored by the American Cancer Society. Yes, I have donned a bright pink unitard completed with a cape and mask to become Real Man to raise money for this very worthy cause. Yes, I have stood on red rock cliffs, crossed Lake Powell on a ferry boat, and spray painted the message in a mural in Texas," laughs Spain. "However, my favorite part of my efforts is the annual art show featuring many of our artists who

also support this incredible foundation."

This year the show is called "Inspire."

"It's not about me inspiring others to donate or Real Men of Maine inspiring people to get involved and educated. It's about them. It's about the fighters, the ones who have conceded the fight and the ones who still fight every damn day. These men and women are the inspiration. This show and this campaign is a thank you for being the amazing people they are and inspiring the rest of us to be better, to do better," explained Spain. "We all need to inspire each other. Collectively it's what makes us great."

"Inspire" is just that, a collective way to make a difference. As always, the fabulous and talented artists who contribute to this show make it such a success. Twenty percent of all

sales go back to Real Men of Maine. This campaign has come together to help fight this fight and often provide a bit of a rest when needed most.

"We need to do this in any way we can," said Spain. "This is my way."

Be it a purchase of a painting or sculpture, a five-dollar or a hundred-dollar donation, be it a wig, a ride to chemo, or a place to sleep near the hospital. Everything counts. Everything makes a difference. Inspire is a verb. Loosely, inspire means to fill someone with the confidence and desire to do. Let's do.

"Inspire," the multi-artist show with proceeds benefiting Real Men Wear Pink of Maine and the American Cancer Society will run throughout October at Maine Art Hill, 14 Western Avenue, Kennebunk. Doors open every day at 10 AM.

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Through the Lens

with photographer
Bob Dennis

This photo shows lobsterman Peter Eaton's distinctive red boat Sherpa nicely reflecting in the water under a cascade of picturesque clouds. Because the photo featured the patriotic colors of red, white, and blue, I chose to post it for the first time on 9/11 and the response confirmed that it was one of my best images of the year.



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Roll on, Sanford

Celebrate cycling at Bike Fest on Saturday, September 25

Celebrate Sanford's in-town cycling routes with a seven-mile ride along quiet streets and bike paths. Sanford Bike Fest runs from 10 AM to 2 PM, Saturday, September 25. Riders of all abilities and bikes of all kinds are welcome.

Riders start at the YMCA and proceed around #1 Pond, through the downtown, and along the Mousam River as far as Sanford High School / Regional Technical Center, which is the turnaround point. Roads along the route will be close to car traffic.

Added attractions include a bike jam at Marcel Blouin skateboard park, food and drink at Gateway Park, a bike rodeo for young children at St. Ignatius gym parking lot on Riverside Avenue, food and drink at The Café at Sanford Regional Technical Center and rides on a pedicab.

Sanford Bike Fest is organized by Cycle Sanford and Sanford Parks & Recreation. Organizations that work with youth are encouraged to participate by mobilizing a contingent of riders, volunteering with event tasks or hosting a display. FMI, contact:

FMI: Lee Burnett at 206-2106 or Leeburnett_maine@hotmail.com



Cyclists enjoy in-town cycling during a past Bike Fest. Courtesy photo



Pedicab rides are just one of the many attractions at Sanford's Bike Fest. Courtesy photo

An evening of Elvis at the Town House School

Musicians Dana Pearson and Mark Gunter, with guest drummer Ron Breton, perform an evening of Elvis Presley songs on Wednesday, Sept. 29 at 7PM. "Elvis!" is part of a new concert series called

\$12 for KHS members. This BYOB event is for people 21 and older. Masks are mandatory for people who have not been vaccinated against Covid-19.

For more information and tickets, visit www.kporths.com/buy-tickets, email info@kporths.com or call 967-2751.

Upcoming shows include Songs Sinatra Sang (Oct. 20), Original Compositions (Nov. 17), and A Christmas Concert (Dec. 8).



Mark Gunter and Dana Pearson. Courtesy photo



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DIY on the Fly – Got Stains? Channel your inner laundry goddess

by Jo O'Connor

Chances are, whether you love or hate doing laundry, you've managed to feel triumphant after rescuing a soiled piece of treasured clothing. Your expulsion of a spill, smear, skid or slop left you feeling you had conquered laundry altogether, only to meet the next one without a solution.

Help is here. Stains are harder to remove the longer they sit, so make sure you take care of the problem as soon as possible. Instead of spraying on stain remover, throwing the clothes in the washer and hoping for the best, try these tips to get those tough stains out.

1. Grass is a task

From golfers to backyard warriors, everyone loves a lush, green lawn except when it's smeared on your clothes. Got active kids? Then you probably have grass stains, too—on athletic uniforms or from your children enjoying the outdoors.

But grass stains aren't as invincible as they might seem. The next time you've got a turf mess, just apply some pre-wash stain remover and let it sit for 15 minutes. You can also go the natural route: a solution of one part vinegar to two parts water. Then, use an old toothbrush to work it in and launder as usual.

Another suggestion is plain white toothpaste (not

the gel variety). Squeeze a small amount of the toothpaste onto the stain, then dip the toothbrush in water and scrub away the stain. Now you can cheer when little Johnny slides into home base. Incidentally, toothpaste can also remove ink spots with aplomb (see below).

2. It's a bloody mess!

Skinned knees, shaving nicks, bloody noses? You can get unexpected bloodstains out of your favorite fabrics, but the key is doing it as soon as possible since dried blood can leave a permanent mark. The first step is to rinse the spot with cold water ASAP and blot it until you've gotten as much blood up as possible. Dab a bit of hydrogen peroxide directly to the stain and voila! – watch it magically rinse away.

3. Red, red wine – stay close to me

This solution can feel like a science experiment: Find the tainted area and stretch the fabric over the opening of a bowl, securing it in place with a rubber band. Generously sprinkle salt on top of the fabric, then pour hot water through the fabric into the bowl and watch the stain vanish. Toss it in the washer as normal.

4. Grease is the word

Anyone who's dripped salad dressing on their favorite shirt knows how tough it can be to get oily spots out of

clothes. The key to removing them is to first soak up as much of the grease as you can with a powder, such as baking soda or cornstarch. Another solution could be sitting next to your kitchen sink. Any petroleum-based dish detergent, like Dawn or Sunlight, is designed to cut grease. Just saturate the grease spot with the soap, let it soak in for a few minutes, then toss in the washer.

5. Coffee and me – stain free

If it's a really fresh stain, you might be in luck. Running the stain under cold water from the back of the stain just might do the trick. If that doesn't work, rub liquid laundry detergent on it and let it sit for 3-5 minutes. Otherwise, try a gel stain remover, which does a good job at getting into the fibers of the fabric.

6. Make-up removal

If it's concealer, blush, eyeliner, eye shadow or mascara, just use a little pre-wash

stain treatment and wash as usual. Lipstick or lip balm may be a little more stubborn. If a stain stick followed by laundering doesn't work, try sponging the stain with a dry-cleaning solvent and washing again.

7. Rust never sleeps

Have you ever had a piece of clothing or linen that ended up with a rust stain on it? We've got the answer. Soak your stained item in a hot water bath with a stain treatment additive. You can also try alcohol-based hair spray. Local linen expert (who also happens to be the Town Clerk of Kennebunk) Merton Brown has seen it all, and recommends "Faultless" spray starch or "Clorox" non-chlorine bleach (which is good for all colors). He warns: "Be careful with red fabrics – make sure to use cold water."

8. Ink stinks

The ink removal method will depend on what type of fabric you've marked with

ink, but in many cases, rubbing alcohol or a solution of vinegar and dishwashing detergent will take care of it.

With DIY on the Fly, Tour-

ist & Town is querying local experts for special tips for do-it yourselfers. Have a tip, a hack, an invention? Email jfboconnor@gmail.com.

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COMMUNITY CALENDAR

Thursday, September 16

Historic District Walking Tour, departing 12 PM, Brick Store Museum, 117 Main Street, Kennebunk. Learn the history of the elaborate and historical homes that line Kennebunk's Summer Street neighborhood. Led by Museum tour guide. \$10 per person/free for members. Reserve in advance by calling 985-4802 or visit www.brickstoremuseum.org.

Annual Author Event at the Graves Memorial Library, to be held virtually at 6 PM. This year's fundraising event will feature New York Times Best Selling Author, Lisa Wingate. FMI call 967-2778.

Weekly Conversational French Language Group, Wells Public Library, 1434 Post Road, Wells, 6:30 PM. Informal approach to practicing or re-learning French in person and also via Zoom. Anyone with a French Language interest is welcome. FMI and for Zoom invitation email cappleby@wellstown.org. FMI also call the library at 207-646-8181.

Friday-Sunday, September 17-19

Little River Antiques & Estate Sales' Estate Sale at 32 Summer Street, Kennebunk, 9 AM-3 PM daily. FMI www.antiquesandestatesalesme.com or 751-6466.

Saturday, September 18

Native Plant Sale, Wells Reserve at Laudholm Farm, 342 Laudholm Farm Road, Wells, 9-11 AM. Help create and restore beneficial environments by purchasing native plants that will attract essential pollinators to your home garden. Offered plants are grown from wild or wild-type seed and include information on growing conditions, benefits to wildlife, and complementary species. Sale held rain or shine. Quantities are limited. FMI wellsreserve.org/calendar

Kennebunk Beach History Walking Tour, 11 AM. Begins at Trinity Chapel, Railroad Avenue, Kennebunk Beach. Learn the history of the development of Kennebunk Beach as a tourist destination. About a one-mile loop, 60-90 minutes, led by trained tour guide. \$10 per person/\$5 for members. Reserve in advance by calling 985-4802 or visit www.brickstoremuseum.org.

Historic District Walking Tour, departing 12PM, Brick Store Museum, 117 Main Street, Kennebunk. See previous listing for details.

Fall Garden Concert Series featuring The Dock Squares, Vinegar Hill Music Theatre, Arundel, 3-6 PM. With live music as a backdrop, enjoy afternoon cocktail specials, small plates and fresh shucked oysters at a rustic garden bar, shop goods from local artisans and farms and sample tasty fare from local food trucks. Free and open to the public!



Monday, September 20

What's Your Story? Graves Memorial Public Library, 18 Maine Street, Kennebunkport, 7 PM. Each week, our library director Mary-Lou Boucouvalas sits down with a community member and talks to them about where they came from, what they do, their interests, etc. Tune in on the Louis T. Graves Memorial Public Library's Facebook page or YouTube channel, or watch on the Town of Kennebunkport's cable channel 1301. FMI call 967-2778.

Tuesday, September 21

Wishful Reading – Monthly Fiction Group, Wells Public Library, 1434 Post Road, Wells, 2 PM. The next book discussion will be about *Once and Future Witches* by Alix Harrow. Reserve a copy by calling the library or using the online catalog today. No registration necessary. FMI email sclaydon@wellstown.org or call 646-8181.

Chinese Brushpainting, Wells Public Library, 1434 Post Road, Wells, 6 PM. Did you miss celebrating Chinese New Year with the library this year? Worry not. The library is presenting its Chinese New Year program in time for the Mid-Autumn Festival. Learn how to write out simple phrases in Chinese characters with a brush and inkwell and learn about what the Year of the Ox means in Chinese folklore. FMI email sclaydon@wellstown.org or call 646-8181.

Wednesday, September 22

Portside Readers, Graves Memorial Public Library, 18 Maine Street, Kennebunkport, 7 PM. Listen to stories, poems, tales, essays, drama, songs and more by the Portside Readers, a small group of local actors, writers, book club members. Tune in on the Louis T. Graves Memorial Public Library's Facebook page or YouTube channel or watch on the Town of Kennebunkport's cable channel 1301. FMI call 967-2778.

Thursday, September 23

Historic District Walking Tour, departing 12 PM, Brick Store Museum, 117 Main Street, Kennebunk. See previous listing for details.

Laudholm's Farming Past, 342 Laudholm Farm Road, Wells, 10-11:30 AM. Delve into the rich history of the Wells Reserve at Laudholm, from homestead to farmland to estuarine reserve. This docent-led walk covers about $\frac{1}{2}$ mile. Free with site admission. Registration required at caryn@wellsnerr.org or 207-646-1555 ext 110. FMI wellsreserve.org/calendar

Thursday, September 23

Mindful Experience, 342 Laudholm Farm Road, Wells, 2-4 PM. Slow down and open yourself to the sights, sounds, and scents surrounding you on the Laudholm campus of the Wells Reserve. This is a peaceful, guided experience that teaches mindful practices you can apply anywhere. For ages 12 and up. Individual \$8/\$6, family \$20/\$15 plus site admission. Registration required at linda@wellsnerr.org or 207-646-1555 ext 128. FMI wellsreserve.org/calendar

Museum Annual Meeting & Colin Woodard Keynote (virtual), Brick Store Museum, 117 Main Street, Kennebunk, 5 PM. The Museum's Annual Meeting will update Members on museum happenings during the past year; free to members. Starting at 6 PM is the public portion of the program, a virtual keynote lecture by author Colin Woodard, on his new book *Union: The Struggle to Forge the Story of the United States*. Members are free, general admission is \$5 to support the speaker. Please reserve tickets in advance by calling 985-4802 or visit www.brickstoremuseum.org/calendar.

Friday, September 24

Fiber Arts, Wells Public Library, 1434 Post Road, Wells, 10:30 AM. Show off your latest knitting creation, get tips on your crochet technique and connect with others in this weekly group. FMI sclaydon@wellstown.org or 646-8181.

Saturday, September 25

Bicentennial Quilt Unveiling, The Brick Store Museum,



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SEPTEMBER 16-29

117 Main Street, Kennebunk, 10 AM-1 PM. The museum is honored to be the host location for the Kennebunk 2020 Bicentennial Quilt. This incredible piece of textile work will be unveiled during Kennebunk's HarvestFest. Come downtown and see this magnificent piece of modern-history for yourself. The talented quilters will be on hand to answer questions. FMI visit www.brickstoremuseum.org.

Kennebunk Beach History Walking Tour, 11 AM. Begins at Trinity Chapel, Railroad Avenue, Kennebunk Beach. See previous listing for details.

Historic District Walking Tour, departing 12 PM, Brick Store Museum, 117 Main Street, Kennebunk. See previous listing for details.

Monday, September 27

What's Your Story? Graves Memorial Public Library, 18 Maine Street, Kennebunkport, 7 PM. See previous listing for details.

Wednesday, September 29

Explore the Shore, 342 Laudholm Farm Road, Wells, 10-11:30 AM. While strolling Laudholm Beach, explore questions about the sand, the wrack line, and found objects. Good footwear recommended; beach terrain can be sandy, rocky, and uneven. Free with site admission. Registration required at 207-646-1555 ext 110 or caryn@wellsnerr.org. FMI wellsreserve.org/calendar

Star Gazing with the Astronomical Society of Northern New England, 1434 Post Road, Wells, 6 PM. See constellations like Leo the Lion, Draco the Dragon, and Cygnus the Swan. *Registration is required*. This program will be held at the ASNNE Observatory in Kennebunk. In case of bad weather, a raindate of Thursday, September 30 is planned. This free event is sponsored by the Friends of the Wells Public Library. For more information, please contact Stefanie Claydon at sclaydon@wellstown.org or call the library at 207-646-8181.

An evening of Elvis at the Town House School, 135 North Street, Kennebunkport, 7 PM. Musicians Dana Pearson and Mark Gunter, with guest drummer Ron Breton, perform an evening of Elvis Presley songs. Tickets are \$15 in advance and at the door for the general public, and \$12 for KHS members. This BYOB event is for people 21 and older. Masks are mandatory for people who have not been vaccinated against Covid-19. For more information and tickets, visit www.kporths.com/buy-tickets, email info@kporths.com, or call (207) 967-2751.

Coming Attractions

Thursday, September 30

Basic and Advanced Coastal Erosion Control Practices, Wells Reserve at Laudholm Farm, 342 Laudholm Farm Road, Wells, 8 AM-4 PM. Learn effective techniques for controlling erosion in coastal areas. This course, offered at the Wells Reserve, is primarily for contractors but is helpful

to municipal code enforcement officers, consultants, engineers, and public works employees. The course is necessary to become certified in erosion and sedimentation control practices by the Maine Department of Environmental Protection. \$50. FMI wellsreserve.org/calendar

Wonderful Weeds, Wells Reserve at Laudholm Farm, 342 Laudholm Farm Road, Wells, 10 AM-12 PM. Discover the medicines and foods underfoot on the Laudholm campus of the Wells Reserve, so you will recognize them as you explore your own yard or other local lands. Individual \$8/\$6, family \$20/\$15 plus site admission. Registration required at linda@wellsnerr.org or 207-646-1555 ext 128. FMI wellsreserve.org/calendar

Friday, October 1

Ogunquit Performing Arts Piano Festival - with Frederick Moyer, The Dunaway Center, 23 School Street, Ogunquit, 7:30 PM. The next show of this festival will feature Boston Chamber Music on October 9, followed by a student concert on October 17. Free parking is available for audience members behind the Dunaway Center. Concert tickets are \$15 in advance, \$20 at the door, and \$5 student, and may be purchased online at www.ogunquitperformingarts.org.

Saturday, October 2

Dress a Girl Around the World, Kittery Lions Club, 117 State Road, Kittery, 9 AM-12:30 PM. Bring your sewing machines and a yard of dark washed cotton fabric to make a dress for a girl living in impoverished conditions. FMI Dressagirlsmaaine@gmail.com

12th Annual Family Jamboree, Wells Harbor Park, 331 Harbor Road, Wells, 11 AM-3 PM. This event is sponsored by the Wells Chamber of Commerce and features "free family fun" including crafts, games, activity booths, pumpkin decorating, an obstacle course, a sand drawing workshop and more. The Wells Democratic Party will have a pinwheel making table at their booth and the Wells Republicans will have a "pin the tail on the elephant" game at their booth. For detailed information, visit www.wellschamber.org or call 646-2451.

Saturday, Sunday & Monday, October 9, 10 & 11
Country Peddler Annual Open House, Harbor Road,

The Maine Master Naturalist Program (MMNP) is accepting applications for its upcoming 2022 naturalist training course. The deadline for applying is October 15. For exact dates and additional information, and to apply, visit mainemasternaturalist.org.

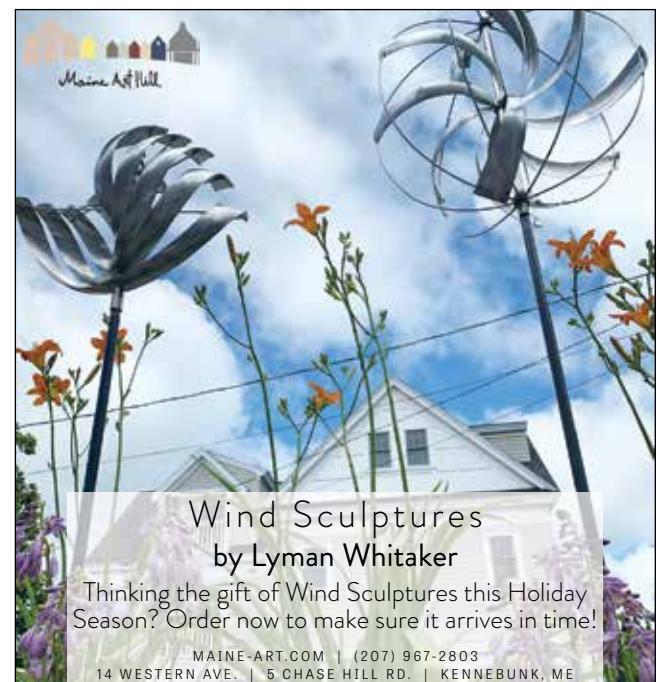


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Restaurant Round Up

by Jo O'Connor

- A fond farewell to Atlantic Pizza, (the long-time thin-crust pizza in Lower Village Kennebunk) as it has now closed.
- Goodbye to The Last Call Sports Bar in Old Orchard Beach.
- Kennebunkers may be excited to hear the popular Pilot House restaurant in Lower Village Kennebunk is set to fully enclose the outside deck by late fall.
- Welcome to Kennebunk Rice and Noodles (a Vietnamese-cuisine restaurant) now open on Route One in downtown Kennebunk.
- We look forward to Holy Donuts (fifth location) opening this spring on Route One in Arundel.

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www.anchoragethebythesea.com 646.9384

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16 School Street, Sanford
Live Music Thursdays and Fridays 6-9PM
www.backstreetsanford.com 850.1228

Batson River Brewing & Distilling
12 Western Avenue, Kennebunk
September 19: Dock Squares 3-6PM
www.batsonriver.com | 967.8821

Bentley's Saloon
1601 Portland Road, Arundel
Live Music Wednesday through Sunday
www.bentleyssaloon.com | 985.8966

The Brunswick
39 West Grand Avenue
Old Orchard Beach
Live Music Friday 2PM-midnight, Saturday 2PM-midnight, and Sunday 3-7PM
www.thebrunswick.com | 934.4873

Colony Hotel
140 Ocean Ave Kennebunkport
September 17: Beau Dalleo Trio 5PM
September 23: Michael Corleto 5PM
www.thecolonyhotel.com 967.3331

Féile Restaurant & Pub
1619 Post Road, Wells
Live Music Wednesday & Saturday
www.feilerrestaurantandpub.com 251.4065

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www.thefrontporch.com | 646.4005

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21 Ledgewood Lane, Lyman
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www.funkybowbeercompany.com 409.6814

Hurricane Restaurant
29 Dock Square, Kennebunkport
September 19: Chris Joseph 12-3PM
September 22: Beau Dalleo 5:30-8:30PM
September 26: Elsie Eastman 12-3PM
September 29: Beau Dalleo 5:30-8:30PM
www.hurricanerestaurant.com | 967.9111

Inn on the Blues
7 Ocean Avenue, York
September 17: LuFFKiD 9PM
September 18: Undercover 9PM
September 24: The Mockingbirds 9PM
www.innontheblues.com | 351.3221

Nikanos Mediterranean
173 Main Street, Ogunquit
September 16: Rebecca Wood 2-5PM

Nikanos Cont'd
September 17: Jim Dozet 2-5PM
Beau Dalleo 8-11PM
September 18: Beau Dalleo 2-5PM
Eric Andrews Quintet 8-11PM
September 19: Amanda Dane 12-3PM
Beau Dalleo 3:30-6:30PM
September 23: Abrielle Scharff 2-5PM
September 24: Jim Dozet 2-5PM
Billy Billy 8-11PM
September 25: Beau Dalleo 2-5PM
The Hep Cats 8-11PM
September 26: Jeff Kilton 12-3PM /
Beau Dalleo 3:30-6:30PM
www.nikanos.com | 646.1112

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The Pilot House
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www.thepilotouseme.com
204.0709

Ryan's Corner House Irish Pub
17 Western Avenue
Lower Village Kennebunk
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967.3564

Vinegar Hill Music Theatre
53 Old Post Road, Arundel
September 18: Dock Squares 3-6PM
www.vinegarhillmusictheatre.com
985.5552

Catapult's "Magic Shadows" rolls into Arundel's Vinegar Hill Music Theatre on Saturday, September 25, for two shows at 4 PM and 7 PM. Featuring incredible shadow images formed by talented dancers working behind a screen, the show is sure to leave audiences thrilled, entertained, and dumbfounded as it stretches the boundaries of the human body's ability to transform.

Featured on Season 8 of *America's Got Talent* as a finalist, Catapult has garnered national attention with its jaw-dropping Shadow-Illusion performances. "Magic Shadows" presents to you shadow images of dragons, landscapes, castles, and more, all coming to life through the acrobatic talents of its top notch dance team.

Catapult was founded by dancer Adam Battelstein, who spent 19 years with the world-renowned dance company Pilobolus and has traveled the world as a performer

and director. He has recruited some of his most talented peers, noting that "Catapult's dancers are some of the best in the world; literally stars of the stage and screen. Even though you may not have heard of them, they currently dance on Broadway, at the

Met, on stages and film festivals around the world."

More than just a display of shape transformations and shadow silhouettes, "Magic Shadows" tells stories full of humor and emotion. Catapult invites you into a magical world of music and wonderment, evoking laughter, amazement, and delight from audiences of all ages.

Vinegar Hill Music Theatre presents the unique theatrical art form of Catapult on its beautiful stage with state-of-the-art sound and lighting inside the rustic post-and-beam barn. An imaginative combination of dance, storytelling, and sculpture, "Magic Shadows" lights up the stage and the senses.

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The Southern Maine Saltwater Fishing Report: Good fishing ahead!

by Captain Greg Metcalf

Labor Day Weekend has come and gone and some of the best fishing of the season is still ahead of us. Striped bass and bluefish start their annual migration in northern New England during September. Offshore boaters are having great outings catching sharks, tuna as well as cod, haddock and pollack.

Recreational anglers can catch and retain one codfish per angler with a minimum length of 21-inches between September 15 to the 30, and September 8 to October 7, aboard vessels for hire this fall. The *Nor'easter* that sails out of Performance Marine in Kennebunkport specializes in offshore ground fishing trips. The southern Maine shoreline should be alive with inshore fishing activity for the next several weeks and the most of the local guides will be fishing into early October.

Kennebunkport: The fishing from Cape Porpoise to Parsons Beach was great this past week. Mackerel are plentiful, have been easy to locate and catch, and the stripier activity has been outstanding. There seems to be plenty of fish around the beaches, rocky shoreline and Kennebunk River.

As we move through the month of September and the water continue to cool, strip-

ers will begin to migrate and there are sure to be some red-hot fishing days along the beach fronts particularly early in the morning.

Wells, Ogunquit: Brandy from Webbhanet River Bait and Tackle reported the water has cooled off and the stripier fishing is very good off of Drakes Island and Moody beaches.

Mackerel are beginning to return and, when found, are easy to catch. Using live or fresh cut bait fished tight to beach is the best way to catch a trophy bass this time of year. The best action of the week came from surf fishermen fishing during the evening or pre-sunrise tides.

Goose Rocks Beach and Biddeford Pool: Captain Steve Brettell told me the fishing at Goose Rocks was pretty much unchanged from last week. There is still abundance of small sand eels that the stripers are feeding on at first light.

During their fall migration they will become much more competitive for food as they stoke up for the long swim south. Steve is sure we have a few more weeks that will produce some outstanding catches.

York: Captain Phil Bretton from Breton Charters told me the inshore fishing seems to be in transition from the Piscataqua River

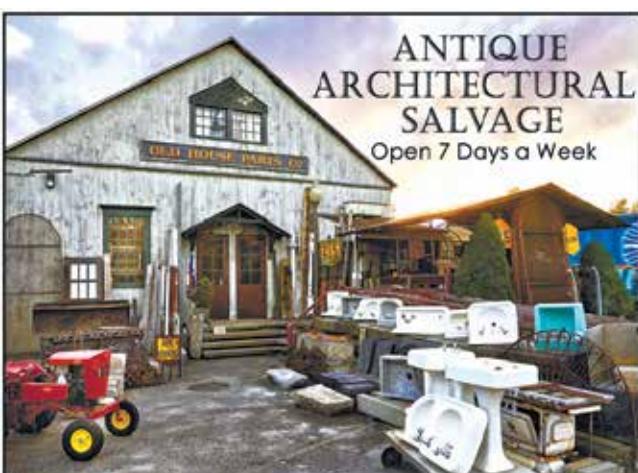


First Mate aboard the *Nor'easter*, Steve Kaczala (at right of the fish) shows off a Jeffrey's Ledge halibut that was landed by a lucky angler while fishing for cod and haddock.

to York Beach. The bluefish activity of mid-August has tapered off and they are now very scarce, but stripier fishing is very productive along the beachfronts and river mouths. Offshore ground fishing for sharks has been excellent as well as the tuna fishing.

Saco River and Saco Bay: Captain Cal Robinson of Saco Bay Guide Service re-

ported that the Amy Vee is buttoned up for the season but that there are still some decent fish around. Stripers are still plentiful and being caught along the shoreline and school-size fish can be caught in the rivers again. Artificial baits are working well at Higgins Beach just before dawn, as well as the fresh cut bait and live mackerel.



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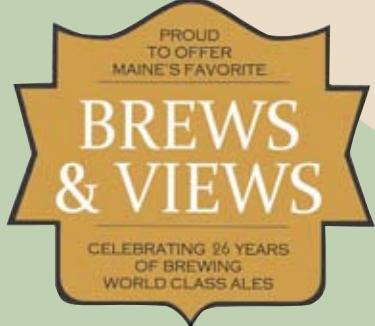
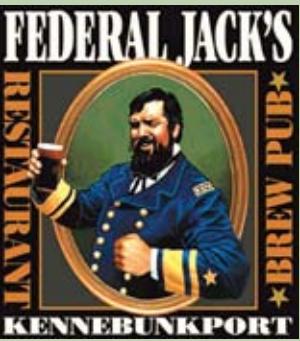
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